



AT-HOME WATER CONSERVATION TIPS FROM ERA

Earth Day
APRIL 22, 2020

- Take a shorter shower and use a water-saving shower head. It's better for your hair to wash it less often.
- Turn off the water while you brush your teeth.
- Install a dual flush in your toilet. It's simple to do and most home improvement stores sell a kit to do it. You could also follow the old "If it's yellow let it mellow, brown flush it down" rule.
- Fix leaky faucets, showerheads, and running toilets.
- Run your dishwasher only when it's full to save water and energy. Tip: Use the "quick wash" setting on your dishwasher to conserve even more water and energy.
- Wash your clothes only when necessary and use cold water. You can even line dry to save energy if it's nice outside. Your clothes will smell great!
- Conserve water outdoors by only watering your lawn in the early morning or late at night, or just let it go dormant. Kentucky bluegrass will go dormant during a drought, so you don't really need to water it.
- Plant perennials or drought-resistant plants in dry areas, limit annuals to pots or cooler/wetter areas. Install a rain barrel to reduce runoff and save even more water. MWRD and the Conservation Foundation have a rain barrel programs in this area.
- Eat more plants! The amount of water used to hydrate agriculture is astounding. According to National Geographic, the global water average to produce one pound of beef is 1,800 gallons of water. In fact, cutting the consumption of animal products in half reduces America's water intake by 37%, a big chunk of the 70% of water used for food. Try to only eat meat for dinner this week, you might even lose a few lbs.